



Lip and Tongue Tie Assessment

Has your child experienced any of the following problems or treatment?

1. Has the infant experienced any of the following:
 - Poor Latch
 - Falls asleep while attempting to nurse
 - Slides off the nipple when attempting to latch
 - Colic symptoms
 - Reflux symptoms
 - Poor weight gain
 - Gumming /chewing of your nipple when nursing
 - Milk coming out the nose or sides of mouth when nursing
 - Unable to hold a pacifier in his/her mouth
 - Short sleep cycles
 - Feedings every 2 hrs or less.
 - Clicking while nursing
2. **Y N** Has the infant received any cranio-sacral therapy (CST)?
3. **Y N** If so, was there improvement?
4. **Y N** If so, was the improvement lasting?
5. **Y N** Is your infant under the care of a Chiropractor?
6. **Y N** If so, was there improvement?
7. **Y N** If so, was the improvement lasting?

8. **Does the mother have any of the following signs or symptoms?**

- Creased, flattened or blanched nipples after nursing
- Cracked, bruised or blistered nipples
- Bleeding nipples
- Severe pain when your infant attempts to latch
- Poor or incomplete breast drainage
- Infected nipples or breasts
- Plugged ducts
- Mastitis or nipple thrush

9. **Other comments on nursing?**

Clinically/Visually

10. **Y N** Does the upper lip flange out while feeding at the breast?
11. **Y N** Does the upper frenum attach near the wet/dry line of the upper lip?
12. **Y N** Upper frenum attaches at the bottom of the gum ridge?
13. **Y N** Does the lower frenum attach at the anterior 1/3 of the tongue?
14. **Y N** Is there a "speed bump" when you sweep your finger side to side under the tongue?
15. **Y N** If yes, does it physically stop your finger from crossing the midline?
16. **Y N** Is there a "piano wire" or tight rope that pops out when you run your index finger from the gum ridge towards the back of the throat under the tongue along the midline?
17. **Y N** Does the tongue stay low in the mouth when crying or look spoon shaped when crying?